

Blessed are you, Lord our God, King of the universe. O God, you are our Father, our King, our Creator, our Redeemer, the Holy One of Jacob, the Shepherd of Israel, the Good King who does good to all. You bestow favors on us continuously; you confer on us every kindness and mercy, relief and deliverance, prosperity and blessing, light and peace and all goodness. May you never deprive us of any good thing.

- May the merciful one reign over us forever and ever.
- May the merciful one be worshiped in heaven and on earth.
- May the merciful one be praised for countless generations; may He be glorified in us forever and ever; may He be honored in us to all eternity.
- May the merciful one grant us a respectable livelihood.
- May the merciful one break the yoke from our neck; may he lead us securely into our land.
- May the merciful one send abundant blessing into this house and upon this table at which we have eaten. (everybody knocks on table)
- May the merciful one send you Elijah the prophet – of blessed memory – to bring us the good tidings of deliverance and comfort.
- May the merciful one bless me, (my wife, and my children) and all that is mine. (If a guest is present, they may choose to say this verse as so: “May the merciful one bless the master of this house, his wife and children, and all that is his”)
- May he bless us and all that is ours; he bless us all alike with a perfect blessing even as our forefathers Abraham, Isaac and Jacob were blessed in every way; and let us all say:

All: amen

May the LORD grant us enduring peace. May we receive His gifts, His grace, and may we grow in favor with both God and man. May the merciful one grant us life in the days of Messiah and in the world to come. May He bring with Him the day which will be all Sabbath and rest and life everlasting. He gives great victories to his chosen king and shows kindness to his anointed prince, to David and his dynasty forever.

He who creates peace in the celestial heights, may create peace for us and for all Israel. May we all say together:

All: amen

Fear the lord, his holy ones; for those who fear him have no lack. Young lions may be poor and hungry, but those who fear the Lord do not lack a good thing. Give thanks to the Lord, for He is good; For His devotion is eternal. Opening your hand, You satisfy the desire of every living thing. Blessed is the man who trusts in the Lord, and the Lord will be his assurance. I was a young man, and now I am old, but I've never seen a righteous person forsaken, nor his children begging for bread. The Lord will give strength to his people; the Lord will bless his people with peace. May grace come; May this world pass away. Hoshana to the of David. Everyone who's holy, let him come. Everyone who is not, let him repent. Maranatha. Amen.



Marion Bible Fellowship

Erev Shabbat/  
Sabbath Kiddush



## Erev Shabbat

### The Lighting of the Candles

*Two candles are lit to welcome the Sabbath and remind us of God's light given to all who believe: the light of the Father, the Light that Messiah is to every believer, and the Light of God's Spirit that indwells all believers.*

Wife, or daughter(s), says blessing as the candles are lit:  
**Blessed are you, O Lord our God, King of the universe, who sanctifies us with your commandments, and has commanded us to remember the Sabbath day.**

### Prayer and blessing of wife and children

*It is customary to pray a prayer of thanks to God for the wife and mother of the home. A prayer of thanks to God over the children, from oldest to youngest is customary as well. This is a time of thankfulness for the good attributes they display during the week. It not only serves as thanks to God, but also as an encouragement to the wife and children who are praised before the Lord at this time.*

(Leader thanks God openly for wife and children.)

### Reading of Proverbs 31 before wife and children

*Proverbs 31 is a statement of the attributes of a good wife. In reading this each week, we thank God for the Scriptures and the guidance they provide for godly women, and we also provide instruction for our wives' and children's lives who hear these Scriptures weekly.*

## Grace After Meals

(In Song) Blessed are you, Lord our God, King of the universe, Who feeds the entire world in his goodness, With grace, with kindness, with mercy. He gives food to all flesh, his kindness forever it endures. In his great goodness we have never lacked, may we never lack food for all of eternity. For the sake of his great name, Because he is God who feeds and sustains And benefits all, and prepares food for all Of his creatures which he has created. Blessed are you, O Lord, who feeds all. Amen.

Leader: We thank you, Lord our God, for having given a lovely and spacious land to our fathers as a heritage; for having taken us out, Lord our God, from the land of Egypt and freed us from the house of slavery; for your covenant which you have sealed in Yeshua, the Messiah; for your Torah which you have given us; for your laws which you have made known to us; for the life, grace and kindness you have bestowed on us; and for the sustenance you have granted us constantly, daily, and in every season, every hour.

For everything, Lord our God, we thank you and bless you – the name forever blessed by all – as it is written: “when you have eaten and are satisfied, you shall bless the Lord your God for the good land he has given you.” **Together:** Blessed are you, O Lord, for the land and the sustenance.

Have mercy, Lord our God, on Israel your people, on Jerusalem your city, on Zion the abode of your Majesty, on the royal house of David your chosen one, and on the great and holy Temple that bears your name. Our God, our father, tend and nourish us; sustain and maintain us; Grant us deliverance speedily, Lord our God; Grant us relief from all our troubles. Lord our God, O make us not dependent on the gifts and loans of men but rather on your full, open and generous hand, that we may never be put to shame or disgrace in this world.

O strengthen us, Lord our God, with your commandments – with the commandment concerning the seventh day, this great and holy Sabbath. This day is indeed great and holy to men; on it we are to abstain from work and rest on it with delight according to Your will. In your grace, Lord our God, grant us rest; may there be no sorrow or grief on this day of rest. Let us, Lord our God, live to see Zion your city comforted, Jerusalem your holy city rebuilt, for you are Lord of all salvation and consolation.

Rebuild Jerusalem the holy city speedily and in our days. Blessed are you, O Lord, merciful restorer of Jerusalem. Amen.

Leader: Blessed are You, O Lord, our God, King of the Universe, Who brings forth bread from the earth.

**All sing (in Hebrew): Baruch ata Adonai, eloheinu, melech ha'olam, ha'moitzy lechem min ha'aretz.**

### **Prayer over the bread:**

Leader: **Father, we bless You, too, for the Spiritual Bread which You have sent, our source of eternal life, that You sent down from heaven, even Messiah.**

**For our Master said, "My Father gives you the true bread from heaven. For the Bread of Heaven is that which comes down out of heaven, and gives life to the world. I am that true bread, the bread of life; He who comes to Me will never hunger."**

*(All break off pieces and eat of the bread. Some dip bread in a small pile of salt to remind us, as salt used to be a reminder in Scripture, that God's promises and care are forever.)*

### **After the Sabbath Meal – Grace After Meals**

Psalm 126 – A Song of Ascents

When the LORD brought back  
the captives to Zion,  
we were like men walking in a dream.  
Then our mouths were filled  
filled with laughter  
and our tongues with songs of joy.

Then it was said, it was said among the nations,  
"the Lord has done great things for them,"  
the Lord has done, he has done great things for us,  
and now we are filled with joy.

Return us, O Lord, restore our fortunes  
like the streams in the Negev.

Those who sow the seed, weeping and in tears,  
they shall reap with songs of joy.

He who goes weeping on his way,  
bearing a burden of seed to sow.  
Shall return with songs of joy  
carrying his sheaves full-grown with him.

### **Husband to wife and girls:**

A good wife who can find? She is worth far more than rubies.  
Her husband trusts her, and he never lacks gain.  
She brings him good and not harm, all the days of her life.  
She seeks out wool and flax, and works with her willing hands.  
She is like the merchant ships – she brings food from afar.  
She rises while it is still night, and gives food to her household,  
and portions to her maids.  
She considers a field and makes proper use of it and in turn, she  
plants a vineyard.  
She girds herself with strength, and prepares her arms for work.  
She finds that her work is profitable; Her lamp does not go out at  
night.  
She sets her hand to the distaff; Her fingers hold the spindle.  
She extends her hand to the poor; She stretches out her filled  
hand to the needy.  
She is not afraid of the snow for her household, for she has  
clothed her family in scarlet.  
She makes coverings for herself; Her clothing is fine linen and  
purple.  
Her husband is known at the gates, as he sits among the elders of  
the land.  
She makes linen garments and sells them, and supplies belts to  
merchants.  
Dignity and honor are her clothing, and she smiles at the future.  
She opens her mouth with wisdom, and a teaching from Torah is  
on her tongue.  
She looks after her household; She does not eat the bread of  
idleness.  
Her children rise up and bless her, and her husband praises her,  
saying:  
"Many women do nobly, but you surpass them all."  
Charm is deceptive, and beauty is vain;  
but a woman who fears the Lord shall be praised.  
Give her credit for her accomplishment; let her be praised for her  
works in the city gates.

*Proverbs 31:10–31*

## Wife to husband and boys:

1  
Praise the Lord!  
Blessed is a person who fears the Lord,  
Who greatly delights in His commandments.

2  
His descendants will be mighty on the earth;  
The generation of the upright will be blessed.

3  
Wealth and riches are in his house,  
And his righteousness endures forever.

4  
Light shines in the darkness for the upright;  
He is gracious, compassionate, and righteous.

5  
It goes well for a person who is gracious and lends;  
He will maintain his cause in judgment.

6  
For he will never be shaken;  
The righteous will be remembered forever.

7  
He will not fear bad news;  
His heart is steadfast, trusting in the Lord.

8  
His heart is firm, he will not fear,  
But will look with satisfaction on his enemies.

9  
He has given freely to the poor,  
His righteousness endures forever;  
His horn will be exalted in honor.

10  
The wicked will see it and be vexed,  
He will gnash his teeth and melt away;  
The desire of the wicked will perish.

Psalm 112

## Sabbath Kiddush—Setting the Sabbath Apart The Origin of the Sabbath

**All say quietly: It was evening and it was morning, the sixth day.**

Leader: So the heavens and the earth were finished, with all their complement. On the seventh day, God had completed His work which He had undertaken, and He rested on the seventh day from all His work which He had been doing. Then God blessed the seventh day and made it holy, because on it He ceased from all His creative work, which God had brought into being to fulfill its purpose.

### Blessing over the cup

*It is customary to pour a cup of red grape juice or wine and share the cup among all present. This recalls the Passover and the Cup of Salvation that made its way into the Lord's last supper.*

Leader: Blessed are You, O Lord, our God, King of the Universe, Creator of the fruit of the vine.

**All sing (in Hebrew): Baruch ata Adonai, eloheinu, melech ha'olam, boreh p'ri ha'gafen.**

*(All drink of the cup)*

### The Sabbath as a Weekly Festival

Leader:

**Blessed are You, O Lord, our God, King of the Universe, who made us holy with his commandments and favored us, and gave us His holy Shabbat, in love and favor, to be our heritage, as a reminder of the Creation. It is the foremost day of the holy festivals marking the Exodus from Egypt. For out of all the nations You chose us and made us holy, and You gave us Your holy Shabbat, in love and favor, as our heritage. Blessed are you, O Lord, our God, Who sanctifies Shabbat. All say: Amen**

### Blessing over the bread

*As there were two portions of manna at the first Sabbath chronicled in the Scriptures (Exodus 18), so there are customarily two loaves of bread baked for each Sabbath and shared at this point. Typically, the leader holds up this bread and thanks is given to God for His faithful provision.*